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of the different massage movements and their physiological and therapeutic effects. We are given the complete course of Swedish remedial gymnastics; the application of such external remedies and correctives as lubricants, fomentations and bandages. The book closes with a description of ionic medication, radiant heat, light and diathermy.

AMNESIA AND ANALGESIA IN PARTURITION (Twilight Sleep). By Alfred M. Hellman, B.A., M.D., F.A.C.S., Adjunct Attending Gynecologist and Obstetrician, Lebanon Hospital New York; Attending Gynecologist, German Hospital Dispensary, New York; Fellow, New York Academy of Medicine. Paul B. Hoeber, New York. Price, \$1.50.

The question of Twilight Sleep is one that has aroused a lively controversy in America, and also in other countries, before the war swept all other topics to one side.

The conclusion one reaches on reading Dr. Hellman's book is that while the Twilight Sleep has probably come to stay, it will not be found to be uniformly acceptable and efficacious in America as it has been in Freiburg. It would seem that it must be modified in many instances.

Dr. Hellman makes a tremendous plea for a fair trial before judgment is passed. He sees in the treatment perfect safety for both mother and child and looks forward to the day when this means of alleviating the pains of childbirth will be the rule and not the exception.

A NURSE'S HANDBOOK ON OBSTETRICS. By Joseph Brown Cooke, M.D., Fellow of the New York Obstetrical Society, etc. Seventh edition, revised and reset. By Carolyn E. Gray, R.N., Superintendent of the City Hospital School of Nursing, Blackwell's Island, New York City, and Mary Alberta Baker, R.N., Late Superintendent of St. Luke's Hospital, Jacksonville, Fla. J. B. Lippincott Company, Philadelphia and London. Price, \$2.

Written in the first instance for the nurses of the New York City Training School, Dr. Cooke has virtually given his book on obstetric nursing to them. The latest and seventh edition, while retaining in a large measure the original plan as arranged by Dr. Cooke, has been revised, rewritten, and in some parts rearranged, by Miss Gray and Miss Baker. New matter has been added, which brings the book in line with the latest usage in current nursing. The technic is the newest in clinic and hospital and the ethical standards maintained are those dictated by the highest ideals of the nursing profession, so the book remains what it has been hitherto, one of the most acceptable alike to pupils and teachers in the nurse training schools.